



Hadleigh Town Council

The Guildhall
Market Place
Hadleigh
Suffolk
IP7 5DN
(01473) 823884

COMMUNITY GRANTS FUNDING APPLICATION FORM 2024/2025

All applications must be submitted using this form to the Town Clerk.

How to use this form: this form can be printed and completed by hand or can be filled in electronically. Please try to keep your answers to the point to fit into the boxes.

Typed entries acceptable for email applications

Applicant Information

Name and address of the person making the application on behalf of the organisation	Frank Carn- Pryor Haverhill Leisure Centre Haverhill Suffolk CB9 0ER
Position held in organisation	Sports and Outdoor Activity Officer
Telephone number	██████████
Email address	Frank.carn-pryor@acleisure.com
Name of the organisation you are requesting funding for	Abbeycroft – Explore Outdoor
What type of organisation are you requesting funding for (e.g., charity/voluntary organisation)? (No grant will be awarded to or for any commercial venture for private gain)	Charity
Please provide any relevant registration number	Charity Number: 1117138
What does this organisation do?	Charitable Trust providing facilities and services to encourage physical activity across 10 communities in Suffolk.
What are the aims of this organisation?	Our community programmes are delivered through our health and wellbeing, active communities and outdoor education functions. These focus on the wellbeing of the community and have used physical activity as a tool to address not only physical health but mental health, loneliness and isolation, food poverty, and anti-social behaviour as well as tackling inequalities.



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Has this organisation received a grant from Hadleigh Town Council in the last 3 years? If so, when was it received, what was the value of the grant awarded, and what was it for?	Abbeycroft had £400 for Park run in 22/23
What is the name of the project/activity you are applying for?	Provision of Family Park Cooking sessions in school half terms from October 24 to May 25 including 5 day food box to take home.
How many people in Hadleigh will benefit from this project?	60
When will the project be started/finished?	Ongoing but this funding request is from October 24 – May 25

Constitution

Does this organisation have a constitution? Yes (If Yes please attach a copy)

Financial information

Total income of the organisation in the last financial year including date of year end.	£11,238,379
Total amount spent in the last financial year.	£11,690,390
Where does the organisation get its funding from?	Membership Subscriptions for Leisure Centres. Council Support Fund Raising for Community Activities
What is the total cost for the project/activity which this funding application relates to? (Please provide a breakdown of the key costs involved).	Total Cost for Hadleigh Half Terms Oct 24 to May 25 is £1,984.71 DfE provides funding for School Holidays and we raise funds for the Half Terms. See full costings attached.
What is the amount of grant requested from Hadleigh Town Council?	£1,984.71 (£661.57 per session x 3)
How much has already been raised?	Nil



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Is the grant for match funding? (i.e. are funds from elsewhere dependent on our funding?)	No
Have you applied elsewhere for a grant, if so, which organisation(s), how much for, and when will you know if the application has been successful?	Suffolk Community Foundation – date unknown as looking for Private funders. BDC fund some activities dependent on funding available before each half term.
How will you continue to fund the project once Hadleigh Town Council's funding runs out? (If you are seeking funding for a one-off event then you do not need to answer this question).	We are constantly making applications.
Please provide your bank / building society details so a BACS payment can be made if your grant application is successful	Sort Code: XXXXXXXXXX Account Number: XXXXXXXXXX

About your project

Please tell us about your project in up to 500 words. We would like to know the following:

- Why do you want to do this project?
- How do you know that it is needed?
- How many Hadleigh residents will benefit from it?
- How does the project meet one or more of our funding priorities (below)?
 1. Support projects and initiatives which will directly benefit the residents of Hadleigh
 2. Enable local people to participate in voluntary groups, organisations, and activities
 3. Help the towns voluntary groups and organisations improve effectiveness or offer additional services or activities.
 4. To support organisations which meet the need of the people experiencing social and economic difficulties
 5. To ensure that there is equality of access for Hadleigh residents to the services it provides and funds
 6. Projects and initiatives that contribute to Hadleigh Town Council's priorities or strategies

About your project :

Family Park Cpoking - Overview

Each family takes part in an outdoor activity day centred around an outdoor cooking masterclass and receives a food box that contains the ingredients and recipes for 5 meals for 4 people.

1 Session in each Half Term October 24 and February and May 25 would reach a total of 60 people in Hadleigh who are suffering from social or economic difficulties. This meets Priorities 1 and 4 above.

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- 6 hour outdoor activity day including an outdoor cooking lesson.
 - Activities include: Soft Archery, Bug Hotel Making and Orienteering to name a few.
- w



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Need

- This project has been running since 2020 and is always well attended. The DfE fund School Holidays understanding the need for this support. BDC provide limited funding for Half Terms for either this project or Adventure Days, but not usually both.
- Family Park Cooking project currently focuses on the most vulnerable children and families.
- We target families of children identified by pupil premium support and free school meals, some of the poorest in society.
- We also invite families of children who are young carers, children in care, fostered children and children with disabilities, those that are vulnerable and at risk of exploitation.
- All the foodbanks that we work with have reported an increase in referrals and users and a decrease in donations as the cost of living continues to rise.

Outputs

- We support families and children in the round, not just provide food as a stop gap measure.
- We provide a fantastic family experience, and we are able to teach families in a relaxed and friendly way about food, and healthy eating.
- A 5-day box of food is provided to take home along with associated recipe cards and online videos. Our recipes are all aimed at being tasty, interesting, simple and cheap, with every meal costing less than £1.50 per portion. They also include Activity packs.
- We aim to provide life skills for both adults and children, to develop a sense of self and build positive, quality family relationships.
- We aim to be a supporting partner and sign post for other services, as well as a being a provider to families in need.
- We work closely with schools and CYP services as well as food banks and community groups

Previous Experience provides the following information:

- 88% families say they feel encouraged to spend more time together outdoors
- 80% families made 3 or more of our recipes using ingredients from the take home boxes
- 54% of families said the recipe cards and food boxes inspired them to plan better for weekly shops
- 91% of parents said it improved their confidence when looking to try new recipes at home
- It provides opportunities to take part in activities that would not normally be possible due to restrictions or cost.
- Allows families and children to play together outdoors, providing a mixture of entertainment games and practical knowledge about fireplace, cooking, outdoor exploring etc
- Provides an opportunity to mix with other families who have children with additional needs, and it occupies children of differing ages.



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Declaration:

We confirm that all the information contained within this application is true and accurate to the best of our knowledge and belief, and that we are authorised to submit this application on behalf of the group.

By signing this form you have read and agree to abide by the terms and conditions

Signature 1
(person submitting form)

Signature 2 – Finance Trustee
(Chair or senior representative of the organisation)
(Must be a different person and unrelated to signature 1)

Date: 25 June 2024

Please return your completed application form to:

Hadleigh Town Council, Guildhall, Market Place, Hadleigh, Suffolk, IP7 5DN or email to
townclerk@hadleightowncouncil.gov.uk

FAMILY PARK COOKING

Aim: Improving health and lifestyle for families in poverty

Objectives:

- Helping with healthy eating through cooking lessons, recipe cards and online resources
- Introducing alternative physical activity through family based outdoor activities
- Combating food poverty through provision of fresh food parcels
- Developing long term change to eating and cooking habits
- Engaging families with nature and the environment through the use of local green spaces

Session Outline:

- 5 families (5 adults and up to 15 children)
- 6 hour outdoor activity day
- Including an outdoor cooking lesson
- A 5 day box of food to take home along with associated recipe cards and online videos

Cost:

- £661.57 per day
- £132.31 per family per day including 5 day ingredients box

How we engage with participants:

- Close links with local schools
- Previous users information collated since July 2020
- Partnership connections with local food banks and church groups
- Working with district Families and Communities teams
- Working with Family Support Practitioners
- Referral partner for CYP and sponsored childcare at SCC
- Abbeycroft Leisure are a community asset with sites in West and South Suffolk

1:20 participants (1 adult + 3 children) - 100% funded places**1 x 5 hour session per day**

	No.	Costs	Total
Delivery Instructor (inc. training)	1	£165.28	£165.28
Venue Hire/Venue Setup	1	£80.00	£80.00
Consumables and cleaning	1	£10.00	£10.00
Food for cooking lesson	5	£12.00	£60.00
Marketing and Booking	5	£6.00	£30.00
Recipe Cards and online videos	5	£5.00	£25.00
Fuel		£15.00	£15.00
Ingredients Box	5	£38.00	£190.00
Admin (Project coordination, contacting schools, recipes, etc)			£86.29
Total			£661.57